



ruth cohn  
institute for **TCI**  
international

*The art of leading*

## **RCI-NEWS**

**RCI-international**

**No. 1/2023**

### **Dear members and friends of the Ruth Cohn Institute for TCI-international,**

it is already the beginning of February, but we would still like to wish everyone a happy and healthy New Year.

This time we have a few thoughts and greetings from the Berlin main office. In these times, one often feels that there is nothing beautiful left in this world. Russia's war of aggression is still raging in Ukraine, glaciers are melting and natural disasters are part of the daily news.

The summer was far too dry and the current winter far too warm. Concerns about the health of nature are growing and the increased prices in almost all areas often make our stomachs ache and hit us hard. Right now it is important to remember to especially enjoy the small and beautiful things and news.

This includes meetings with good friends or family, conversations, or a walk together. Sometimes, however, a simple glance out of the window is enough. Like here from the main office in Berlin, when the sun suddenly shines after cold, gray rainy days and the squirrel jumps around in the tree (unfortunately not in the picture).



For us, this also includes the positive feedback for our work and the warm words from many members, lecturers and those responsible in the boards and regions, which we are very pleased about.

Good news reached us about the further development of TCI in India – there is also a longer letter about this in this News, which Thomas Abraham (first graduate in Kerala) has written to the lecturers in India and that was kindly forwarded to us for publication via Christa Reppel. Many thanks for that!

After the restrictions of the pandemic, one often experiences a more intensive togetherness during personal meetings. And so, we are happy that the exchange workshop (ATW) of RCI Rhineland/Westphalia will take place this year (registrations are still possible). And that besides many online meetings it is again possible to participate in many TCI regulars' tables, annual conferences, and general meetings in presence.

In this sense, we wish you all a fulfilling and, despite everything, happy and confident year 2023 - with interesting conversations, constructive discussions, and the feeling of connectedness.

With warm greetings from Berlin

Kathrin Giogoli und Jasmin Lütz

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6. Virtual TCI Exchange Meetings, RCI-BDO
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### 1. Getting a feel of TCI - Virtual meeting on 12 February 2023, RRW

Cordial invitation for all members and interested persons to the virtual regulars' table of RCI Rheinland/Westfalen on:

**Sunday, 12.02.2023 from 11 a.m. - 1 p.m.**

The regulars' table is a good opportunity to get a feeling of TCI. It is open to all with and without TCI experience, regardless of the region. Our topic usually develops with the introductory round.

This is the access link:

<https://us06web.zoom.us/j/83838256821?pwd=U3dwUjVvVy8zVTk3QmJpNm4WUxvUT09>

You are welcome to join at short notice.

For planning purposes we would still appreciate **your registration by E-Mail** to:

[steffi.adam-bott@online.de](mailto:steffi.adam-bott@online.de)

or by using the "participate" function in the calendar of [www.tzi-forum.com](http://www.tzi-forum.com)

The next dates for the regulars' table have also already been set:

- 19 March 2023
- 16 April 2023
- ATW and MV of the RCI RW in May
- 18 June 2023 With



*Fotocredit: P. und M. Lachmann-Anke, Pixabay*

Best regards

Steffi Adam-Bott (Organisation) and  
Sabine Schlemmer (Host)

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### 2. Online Meetings of the Professional Group for School

The Professional Group for School is offering online meetings via Zoom again this year. Currently planned are:

- Collegial consultation led by Ulrike Rietz on Tuesday, 14 February, from 7 – 9.15 p.m.
- Jour Fix for personal and thematic exchange on Thursday, 16 March, from 7 – 9.00 p.m. You will find out what the focus will be when you register.
- General meeting on 25.3.2023 from 10 – approx. 12 a.m.

Non-members are also welcome. For registration and further information please send an email to [fg-schule@ruth-cohn-institute.org](mailto:fg-schule@ruth-cohn-institute.org)

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### **3. Things are moving forward - TCI in India - A letter from Thomas Abraham, RCI India**

My dear TCI teachers,

I write this to all of you with a heart full of gratitude and love. That is because you came into my life as well as the lives of several Indians positively influencing us with a new worldview called TCI.

On this occasion of the eve of New Year I would like to share with you some of the developments that are taking place here.

1. In the year 2003 we offered a RCI-Course from Mahatma University, from my department which has now been beautifully renamed as Department of Life long Learning. Now, after almost two decades, the same University has come forward to offer the same course in a revised format. The course is named Training of Trainers in TCI, so as to avoid any confusion with RCI International's Certificate Course or Diploma Course.



24 participants have joined the course and Vice Chancellor will inaugurate the course on 7th January. It is my hope that on completion of the course, some of the participants will join the Basic Course offered by RCI India with support from International facilitators.

2. In the year 2018, we started an Application Project of TCI called Butterfly Movement for Social Metamorphosis. This is designed in the spirit of "From the couch to the circle to the community" (Ruth Cohn). This movement has been instrumental in facilitating personal change in at least 5000 individuals, including 3000 school students, through TCI. It is in this context that the Training of Trainers has become a felt need. Effort is taken to see that TCI is not diluted while "democratizing" it in this manner.

3. The Butterfly Movement has six wings covering Children, Youth, Women, Teachers, Seniors Citizens and Parents. We have committed TCI learners to lead these wings at State-level. They are all enrolled in the Advanced ToT offered by the University.



*Synergy Homes, Fotocredit: Screenshot RCI India*

4. TCI entered India in 1994 through a TCI workshop led by Mary Anne Kuebel at Kotagiri in Tamil nadu. I had the good fortune to be part of it. In 1999, 7th

December, we launched RCI India. But so long TCI did not have a central office or a

training centre in India. 2023 is bringing happy news because an enthusiastic TCI-butterfly enthusiast has offered a 5000 sq ft building to be used for these purposes. And this happens to be in Kottayam itself which is the birth place of TCI and RCI India.

5. Ruth Cohn Avenue. One of the wings of butterfly, known as "Synergy TCI Forum for Senior Citizens", has launched a community living project. 30 of us, ie. 15 families including mine, are going to live together as a TCI inspired community. 15 small cottages, 724 sq ft size each, are under construction. This project known as Synergy Homes will be inaugurated in September 2023. Matthias Scharer has expressed his willingness to be part of the inaugural ceremony. I wish more of you are able to come. Details are yet to be finalized.

This has become a long letter. I am sorry for that. But I hope you are happy to hear that the seeds we have planted are growing and flourishing in India. Thank you once again and I wish you a Happy New Year.

With kind regards  
Thomas



*Synergy Homes, Fotocredit: Screenshot RCI India*

**There is also a short film on the construction of the Synergy Homes here in the attachment to this news.**

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#### 4. Spring workshop from 10 - 11 March 2023 in Vienna, RAT

The annual highlight of RCI Österreich is the spring workshop for an intensive TCI experience: For three days we immerse ourselves together in lively learning and experimentation spaces open to all RCI members and new interested people.

##### **Topic this time: Ruth C. Cohn's legacy and us today - what moves me/us?**

The Ruth C. Cohn Symposium for the opening of her estate in Berlin (October 2022), has been very well received. The spring issue of the TCI issue is also dedicated to it. Since Austrian (Brigitte Mazohl, Michaela and Matthias Scharer) played a major role in this, we want to take the opportunity to make some of it resound anew together in our spring workshop.

Registration and more information: [kommunikation@rci.at](mailto:kommunikation@rci.at)

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#### 5. Inspiration Day on 21 April 2023 of the School voor TGI, Region Flanders

Theme: 'Balancing from vulnerability and strength - Chairpersonship in turbulent times'.

In the morning, 2 guest speakers will give their views on the theme and there will be interaction with the audience: Tinneke Beeckman (philosopher) and Ineke Van de Braak (TCI-graduate).

In the afternoon, we provide workshops within the theme in small groups from these perspectives:

- Education
- Participation of citizens
- Balancing - movement - body orientation
- Leadership and authority in organisations
- The basics of TCI



*Inspiration Day. Fotocredit: School voor TGI*

**During this day, we provide no translation, only Dutch will be spoken.**

Registration will be possible soon. The registration link can be requested via [info@schoolvoortgi.be](mailto:info@schoolvoortgi.be)

## 6. Virtual TCI Exchange Meetings, RCI-BDO

The RCI-BDO association will continue the virtual TCI exchange meetings in 2023. Many thanks at this point to all those who contribute to the success of this format by leading a virtual exchange meeting or by participating in the digital events. The association was also pleased with the donations received - thank you very much for that too!

Below you will find the dates for the first half of the new year.

We would be very happy about your participation again. If you are interested, please contact Julia Arnold ([j.c.arnold@web.de](mailto:j.c.arnold@web.de)), who will send you the relevant zoom links.

### **2 March 2023, 6 - 8 p.m.**

What inspires young people today about Ruth Cohn and how we can win them over for TCI.

Leader: Juliana Kühn and Andrea Simon

### **27 April 2023, 6 - 8 p.m.**

Schulz von Thun's values square meets TCI: We explore how the two fit together and how the values square can enrich our own leadership.

Leaders: Brigitta Bogner and Cecilia Gajardo

### **25 May 2023, 6 - 8 p.m.**

Constellation work in virtual space? - We will gather experiences and exchange ideas.

Leader: Dr. Claudia König

### **22 June 2023, 6 - 8 p.m.**

Questions for TCI and for those who are 'on the way with it' - discussion of the article of the same name from the TCI journal 1/2022.

Leader: Lenard Roseland and Dr. Jochen Spielmann



*Fotocredit: Alexandra Koch, pixabay*

**7. Exchange Workshop (EW) + General Meeting, 06 + 07 May 2023,  
RCI Rheinland/Westfalen****Living with pleasure - despite everything****"How do I do this today, that I like to live?"** (Ruth C. Cohn)

Ruth Cohn wrote this during her lifetime, and it is as relevant as ever. Our life worlds are exposed to strong processes of change, and we are in the middle of it. Many things restrict us and directly change our everyday life.

How can we still enjoy living under limited circumstances?

What does a good life mean to me, and when do I feel alive?

How can we bring autonomy and interdependence into a satisfying balance?

We would like to discuss all these questions with you at the **IEW on Saturday, 6 May 2023** in the Duisburg Sportpark youth hostel and develop new perspectives together.

**Registrations are still possible and welcome until April 23, 2023!**

Invited are TZI\_practitioners and all who are interested in these questions.

Early registration helps us with planning and organization - thank you!



Registration via this link by entering the event number:

<https://www.ruth-cohn-institute.org/suche-anmeldung.html>

Seminarnumber/Eventnumber: **9294**

Detailed information: <https://www.ruth-cohn-institut-rw.de/termindetails/atw-2023-gerne-leben-trotz-alledem.html>

For questions, please contact:

Karin Prölss [karin.proelss@t-online.de](mailto:karin.proelss@t-online.de)

Sabine Jongmanns [m.jongmanns@t-online.de](mailto:m.jongmanns@t-online.de)

**We look forward to seeing you!**

Karin Prölss, Sabine Jongmanns and Joachim Faulde



### 9. Call for papers: Issue 1/2024 - TCI as non-linguistic interaction?

"Just saying what is going on with you, that along is a tremendous trick!" This remark by Ruth Cohn lends a major role to the verbalization of feelings and experiences. We certainly have good reason to say to that language is a core tool for TCI.

Nevertheless, when people interact with each other there is much that happens non-verbally. Therefore, working with our body, our emotions, with images, with dreams and much more has traditionally always played an important role in TCI courses.

In issue 1/2024 we would like to examine these activities in relation to TCI: What is it that happens before, alongside, and after language is used when we interact with others (in a theme-centered way)? Can our TCI toolkit come up with a language for what happens non-verbally? How much space can or must we reserve for non-verbal experience in the context of TCI?

We look forward to contributions that dare to try to find words for what happens without words.

Please submit your proposals **by 15.08.2023** to: [agnes.christ-fiala@t-online.de](mailto:agnes.christ-fiala@t-online.de)

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### 10. Congratulations...

We would like to congratulate all members who had birthday in January and February.

All the best and good health! 🎁 🌸



*Fotocredit: Gundula Vogel, pixaby*

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### 11. Event calendar – Upcoming dates 2023

#### 12. February 2023, 11 a.m. – 1 p.m.

Getting a feel of TCI - Virtual meeting RRW, open to all who are interested

#### 14. February 2023, 7- 9:15 p.m.

Collegial consultation, Leader: Ulrike Rietz, Professional Group for School

#### 2 March 2023, 6-8 p.m.

Virtual TCI Exchange Meeting, RBDO Leader: Juliana Kühn and Andrea Simon

#### 4 March 2023

General Meeting of RCI Württemberg

#### 12 March 2023

General Meeting of RCI Austria, Vienna (also for non-members)

**16 March, 7-9 p.m.**

Jour Fix for personal and thematic exchange, Professional Group for School

**19 March 2023, 11– 1 a.m.**

Virtual Meeting RCI Rheinland/Westfalen, open for interested people

**25 March 2023, 10 – ca. 12 a.m.**

General Meeting, Professional Group for School

**16 April.2023, 11 a.m. – 1 p.m.**

Virtual Meeting RCI Rheinland/Westfalen, open for interested people

**21 April 2023, time in planning**

Inspiration day oft he School voor TGI, Flanders region

**27 April 2023, 6 – 8 p.m.**

Virtual TCI Exchange Meeting, RBDO  
 Leader: Brigitta Bogner and Cecilia Gajardo

**06 + 07 May 2023**

Exchange Workshop (EW) + General Meeting, RCI Rheinland/Westfalen

**25 May 2023, 6 – 8 p.m.**

Virtual TCI Exchange Meeting, RBDO  
 Leader: Dr. Claudia König

**18 June 2023, 11 a.m. – 1 p.m.**

Virtual Meeting RCI Rheinland/Westfalen, open for interested people

**22 June 2023, 6 – 8 p.m.**

Virtual TCI Exchange Meeting, RBDO  
 Leader: Lenard Roseland and Dr. Jochen Spielmann

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**12. Call for Papers & Release Date RCI-NEWS 2/2023**

The next issue of the RCI-NEWS (2/2023) will be published on **April 28, 2023**.  
 As always, we welcome your submissions of dates, events and meetings in the member associations.

The deadline for contributions is **21 April 2023**.

Please note when sending the texts:

- 1,500 characters maximum incl. spaces, Microsoft Word format, font **Verdana 11**
- Write in mother tongue **and in English** please
- Images only as jpg files

With kind regards from Berlin  
 Kathrin Giogoli und Jasmin Lütz

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