



ruth cohn  
institute for **TCI**  
international

*The art of leading*

## **RCI-NEWS**

**RCI-international**

**No. 3/2024**

**Dear members and friends  
of the Ruth Cohn Institute for TCI - international,**

in the last issue of RCI News on 31 May, Klaus-Gerd spoke of his hope "that the sky would clear up a little and that a high will bring sunny days to the RCI". This wish has now been fulfilled. It has become high summer and the sun is unfolding its full power in a mostly bright blue sky...

In my youth, this observation would have been a reason for unadulterated joy. Today, however, we are all complaining about the unbearable heat, especially the people in the cities, and in many areas agriculture has to fear major losses due to the drought. We are feeling the consequences of our carefree interaction with nature everywhere, each and every one of us. In her thinking, Ruth C. Cohn replaced the term 'environment' with 'co-world' - it was important to her to emphasise that we are an inseparable part of this 'co-world'. We are therefore called upon to do our part to ensure that our earth remains a place worth living in, even in the height of summer, each and every one of us.

We also had sunny days on the Board - on 19 July we held our constituent meeting as the new Board (at around 30 degrees) in front of the screens and we welcomed Rahel Roseland as a new member of the Board. Rahel will be responsible for the Development/Structures department in future.

The merger efforts between RCI Austria, RCI Munich and RCI Württemberg are in full swing, and the first joint meeting will take place on 14 September 2024 in Ulm (in person and online) under the theme: "So that new things grow - we sow and plant". We wish you every success!

The peace talks organised by the (former) RCI Austria online every 24th of the month (07.30 – 09:00 pm) will continue independently of this - unfortunately we have been organising these peace talks for two and a half years now, since Russia's attack on Ukraine and there is still no peace in sight! Anyone interested is cordially invited to join in: Please just contact me and I will send you the link ([brigitte.mazohl@ruth-cohn-institute.org](mailto:brigitte.mazohl@ruth-cohn-institute.org)). Many thanks to Monika Spiekermann and Sophia Stanger for coordinating these talks throughout the year. Interested parties are also welcome to contact Sophia directly: [sophia.stanger@protonmail.com](mailto:sophia.stanger@protonmail.com).

Now I wish you a inspiring read and send you my warmest regards

Brigitte Mazohl (Board RCI international)

*Brigitte Mazohl*

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**TOPICS**

- 1. News from India, including office space for TZI, RCI India
- 2. New postcards with quotes from Ruth C. Cohn, RCI Rhineland-Westphalia
- 3. Day of further training of RCI BDO on 14 September 2024 in Berlin
- 4. Leading yourself and others - taster seminar on 1 October 2024 in Nuremberg, RCI Franken + FEB Nuremberg
- 5. RCI/BDO virtual exchange meetings - new dates from October 2024
- 6. Symposium on the topic of "Understanding" on 3 November 2024 in Frankfurt am Main, RCI Rhein-Main-Lahn
- 7. TCI symposium: "How much ME can the WE bear" on 23 November 2024 in Hamburg, RCI Hamburg/Schleswig-Holstein
- 8. Symposium of the professional group on Supervision e.V.: 29 November - 1 December 2024 in Neudietendorf
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**1. News from India, including office space for TZI, RCI India****Office space for TZI in India**

*The RCI India office in Kottayam district,  
Photo credit: RCI India*

The building, shown here, will house the headquarters of TCI's pursuits in India.

It is Colonel Sarasakshan Centre, situated in Kottayam district, 40 km away from Mahathma Gandhi University which teaches TCI.

The main hall is called Ruth Cohn Hall. There is a room for the Community of Planetary Citizens as well. The whole building will serve as the training Centre of Butterfly Foundation for TCI International.

Report by Gita Saras

**TCI goes to the masses**

Butterfly Foundation for TCI International is a registered organisation of TCI practitioners in India. Our motivation is Ruth C. Cohn, who said: "We are co-creators of this world and in its destruction we will be counted as co-accused".

We are committed to learning TCI and taking it to ordinary people, as Ruth envisioned. Butterfly has six wings (intervention areas): They are adolescent children, youth, women, teachers, school children in need of mentoring and senior citizens.

Our fifth State Level Conference was held in Trivandrum (Kerala) on 12th, 13th & 14th July. 150 TCI learners participated. Vice Chancellor Prof C.T.Aravind kumar inaugurated.

Report by Jayasree Jayakumar, General Convenor of the Conference

**TCI Placement Hub**

From 15th August 2024 the Colonel Sarasakshan Centre in Kerala will be a regular venue for TCI training programmes. It will also serve as a placement hub for TCI-based interventions in the surrounding community.

K.S.Sreenathan is the director of the centre and the placement co-ordinators are Accamma Mathew P and Sadheera Udayakumar. 46 TCI learners, mostly senior citizens, have opted to come and stay at the centre for short durations during August-December 2024.

Report by Accamma Mathew P



*Everybody is welcome to TCI. Fotocredit: Pixabay*

**2. New postcards with quotes from Ruth C. Cohn, RCI Rhineland-Westphalia**

**Write again...**

New postcards with 27 different quotes from Ruth C. Cohn are available now.

The sets of 10 postcards (2.50 euros per set + postage) can be ordered from the RCI Rhineland-Westphalia office by e-mail: kontakt@rci-rw.de

A big thank you goes to Michaela and Matthias Scharer for compiling the quotes and to Susanne Rick-Wagner, who who is responsible for the graphic realisation.



Extract from the new postcard range. Photo credit: Jasmin Lütz

**3. Day of further training of RCI BDO on 14 September 2024 in Berlin**

**"Experience, try out and reflect on constellation work as a method in counselling and educational processes"**

Every two years, the RCI BDO organises a training day in autumn. This time the topic was: "Experience, try out and reflect on constellation work as a method in counselling and educational processes".



Constellation work offers many opportunities to learn more about one's own perception, to discover hidden issues and resources and to gain clarity about relationships and co-operation.

Within the counselling work in pairs or groups, it enables a change of perspective, both for counsellors and for those seeking advice, and supports exploration and decision-making processes. It can be perfectly combined with TCI in counselling and educational work. We want to try this out and reflect on it together.

If you are curious and have time, please register. We look forward to lively learning with you!

**When? Saturday 14.09.2024, 10:30 - 17:30**

**Where?** LIFE e.V. | Rheinstraße 45 | 12161 Berlin (Friedenau) (U 9 Walther-Schreiber Platz, S 1/S2 Feuerbachstraße)

**Leader:** Judith Burkhard, Andrea Simon

**Fee:** 50,- € (30,- € for members of the RCI-BDO)

please transfer to: RCI BDO

IBAN: DE43 8105 3272 0031 0060 82, BIC: NOLADE21MDG

**Registration:** Judith Burkhard, [info@burkhard-beratung.de](mailto:info@burkhard-beratung.de) / Tel. 0151 19 45 41 69

#### 4. Leading yourself and others - taster seminar to get to know theme-centred interaction (TCI) according to Ruth C. Cohn on 01.10.2024



Design: Jakubek, Media Design

Leading yourself and others is a high art.

This taster seminar aims to help you approach or deepen this art.

The aim of the taster seminar is to gain an initial insight into the guiding principles and ethics of TCI and to familiarise yourself with methodological elements of TCI and experience them together.

The seminar will take place in presence in Nuremberg on **Tue, 01.10.2024 from 16:00-21:00.**

Leader: Wolfgang Schneider-Pannewick + Veronika Gante

The event is organised by forum erwachsenenbildung evangelisches bildungswerk nürnberg e.V. in cooperation with the Ruth Cohn Institute (RCI) - Franconia.

**Please register by 24 September 2024 (event number 200156)**

Telephone: 0911/214-2131

E-mail: [bildungswerk.nuernberg@elkb.de](mailto:bildungswerk.nuernberg@elkb.de)

**Full costs: 55,- € including snack / Reduced: 44,- €**

Further information is available at [Events central - Forum Erwachsenenbildung evangelisches Bildungswerk Nürnberg e.V. \(feb-nuernberg.de\)](https://www.feb-nuernberg.de)

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#### 5. Virtual exchange meetings of RCI/BDO - new dates from October 2024

There are new online dates for RCI Berlin-Germany/East. You can register for the virtual exchange meetings with Julia Arnold ([j.c.arnold@web.de](mailto:j.c.arnold@web.de)).

She will send you the corresponding Zoom links to you.

**15 October 2024, 6 to 8 pm**

**Topic:** Collapsology - a theory of collapse and new beginnings: We combine it with personal experiences and explore the extent to which it can promote sustainable action.

Leader: Dr Jochen Spielmann

**14 November 2024, 6 to 8 pm**

**Topic:** Most people are different (Oscar Wilde). Teaching, learning and working together as a TCI practitioner and as a TCI beginner: What is different? What do I enjoy? What is difficult for me?

Leader: Klaus Kuske

**12 December 2024, 6 to 8 pm**

**Topic:** Between fate and self-responsibility - we take a look at our horoscope for 2025 and make plans.

Leader: Andrea Simon and Julia Arnold



Digital exchange - Photo credit: Alexandra\_Koch on Pixabay



## **6. Symposium on the topic of "Understanding" on 3 November 2024 in Frankfurt am Main, RCI Rhein-Main-Lahn**

### ***Enduring diversity - shaping dialogue - a symposium on the topic of "Understanding"***

With our 2024 symposium, we would like to invite you to use TCI to consider the question of whether and how understanding is possible in a world characterised by ambivalence.

**Sunday, 03.11.2024, 9:30 am to 5:15 pm,  
Haus am Dom - Frankfurt am Main**



*Bridge to communication - Photo credit: RCI RML*

Keynote speeches and workshops offer three approaches to the topic:

#### **1. a TCI-related, pedagogical:**

*Beyond black and white - ways of understanding in a world characterised by ambivalences (Dr Margit Ostertag)*

#### **2. a sociological-theoretical one:**

*Finding common ground in diversity - the challenges of living together in a society characterised by diversity and inequality (Dr Michael Bayer)*

#### **3. a philosophical-therapeutic one:**

*Is TCI a social therapy? (Dr Walter Zitterbarth)*

### **Organisational matters**

- |                         |   |
|-------------------------|---|
| <b>09:30 am</b>         | Arrival and welcome   |
| <b>10:00 - 12:00 am</b> | Three keynote speeches with short exchange and short break  |
| <b>12:00 - 01:00 am</b> | Lunch together  |
| <b>01:00 - 04:30 pm</b> | Workshops that follow on from the respective keynote speeches. As each workshop is offered twice, two different workshops can be attended consecutively |
| <b>04:30 - 05:15 pm</b> | Joint conclusion  |

**Conference language: German****HAUS AM DOM - Educational and Cultural Centre**

Domplatz 3, 60311 Frankfurt, Tel.: 069 800 8718-0

Information on how to find us can be found here: [www.hausamdom-frankfurt.de/](http://www.hausamdom-frankfurt.de/)

It is easy to get to the centre by public transport using the U4 or U5 underground lines. The "Dom/Römer" multi-storey car park is right next to the building.

**Participation fee (incl. food and drinks)**

€ 67.50 normal price, or according to self-assessment.

**Registration by email by 10.10.2024 (please as early as possible, as places are limited)** to sekretariat@rci-rhein-main-lahn.de:

**and with the following details:**

Surname, first name, telephone number, preferred 2 workshops.

The participation fee is due upon registration and must be transferred to the account below.

Cancellations after 05.10.2024 will not be refunded.

*Evangelische Bank eG; BIC: GENODEF1EK1, IBAN: DE74 5206 0410 0004 0041 91*

*Purpose: First name Last name, Symposium 2024*

**Details of the content and the specialist speakers can be found in the flyer on the [RCI Rhein-Main-Lahn website](#).**

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**7. TCI symposium: "How much ME can the WE bear" on 23 November 2024 in Hamburg, RCI Hamburg/Schleswig-Holstein**

**When: Saturday, 23 November 2024, from 09:30 am to 06:00 pm**

**Where:** Staatliche Fachschule für Sozialpädagogik  
Hamburg/Altona (max. 80 places)  
Online participation (max. 50 places)



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schleswig-holstein

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**How:** This course is interactive, i.e. lecture units, exercise units and discussions in large and small groups alternate.

**Leader:** Michael Cöllen, qualified psychologist and founder of couple synthesis  
Ulla Cöllen, qualified educationalist, teaching therapist for couple synthesis

Excessive narcissism - the major topic of psychotherapy since Sigmund Freud - is becoming increasingly important today as an individual mental disorder. We are increasingly experiencing the destructive consequences of this symptom throughout our social network, both in partner relationships and in the public structures of society. This includes, above all, politics with often crisis-ridden and disastrous consequences. The lecture focuses on the parallels between the microcosm of a couple and the macrocosm of politics in order to understand and emphasize the urgent need for "healing treatment" for both poles (male and female) in both the microcosm and the macrocosm..

Further information and registration via tci-living-learning, the symposium can be found in the section "TZI-Events": [www.tci-living-learning.org/angebotsplattform/tzi-events](http://www.tci-living-learning.org/angebotsplattform/tzi-events)

**8. 31st symposium of the professional group on Supervision e.V.:  
29 November - 01 December 2024 in Neudietendorf**

This year's symposium (incl. general meeting) will take place from Friday 29 November to Sunday 1 December 2024 at the Zinzendorfhaus conference and meeting centre in Neudietendorf ([www.zinzendorfhaus.de](http://www.zinzendorfhaus.de)).

**Pay attention to the body signals!  
Body awareness in supervision**

We will discuss this topic with Hella Gephart (Bonn), (Dr phil., Dipl.Psych., certified psychological psychotherapist, trainer for group dynamics (DAGG, DGGO), Gestalt therapist (DVG)) with focus on the importance of the body in supervision:

Our body has a lot to tell. In counselling, too, the body can express tension or stress - or even relief and liberated breathing. Non-verbal communication, physical reactions to issues such as tension, discomfort or relaxation, but also analysing and reflecting on one's own body for self-awareness will be topics. With inputs, exercises and interactive elements, these are sure to be enriching days.

Members of the professional group and guests are very welcome - there are still places available! So please register or pass the information on to your own networks.

**Interested?**

Flyers and further information are available at:

<https://www.fachgruppe-supervision.de/aktuell.html>

or: [info@fachgruppe-supervision.de](mailto:info@fachgruppe-supervision.de)

Susanne Braun, Bernhard Lemaire, Reinhard Griep, Bianca Keller

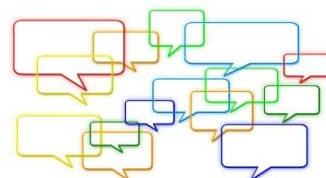
**9. REMINDER: Save the Date - ATW in Düsseldorf from 14 - 15 March 2025**

There is a new date for the 2025 exchange workshop in Düsseldorf.

Please make a note of the weekend in your diary:

**Fri, 14 to Sat, 15 March 2025.**

The event is once again being organised by [RCI Rhineland/Westphalia](#)



*TCI exchange in Düsseldorf - Graphic: Gerd Altmann on Pixabay*



**10. Web seminar - get a taste of TCI, get orientated and informed, a successful concept, RCI Rhein-Main-Lahn****Dear Responsible and committed members of the regional associations,**

The two of us from the RML region, i.e. Ulrike Rietz and Jürgen Bedel, offered an online TCI taster evening (approx. 2.5 hours) in November 2023 and June 2024, the concept of which was originally developed by RCI Rhineland-Westphalia and was moderately further developed and adapted by us.

We once had around 15 participants and once 8 participants for whom TCI was a new topic or for some a return to TCI after many years. After these experiences, we see these taster evenings as a highly effective way of introducing people who have no TCI experience to TCI. Afterwards, there was still a need for training counselling or the desire to deepen the content of individual aspects, for which we had planned an additional half hour. Two participants subsequently signed up for TCI courses.

Overall, we were satisfied with the reach of the programme and the consistently positive feedback from participants. We advertised via the RCI Rhein-Main-Lahn channels and the office in Berlin supported us with social media and the "TCI events" section on the homepage. Of course, we also advertised via the personal mailing lists of the course instructors. We see good, regular potential for two taster evenings per year. This and possibly additional potential certainly lies dormant in the interested parties data of the regional associations.

We would therefore like to offer all member associations the use of the current concept and are happy to pass on the available material. The material consists of a PowerPoint presentation with an appendix containing additional slides that can be used if required. In addition, there is a concept paper that describes the possible course of the taster evening in great detail. The material can of course be adapted and further developed at any time to suit the ideas and needs of the organisers.

If you are interested in organising taster evenings with the material in your region, please contact Jürgen Bedel ([vorstand@rci-rhein-main-lahn.de](mailto:vorstand@rci-rhein-main-lahn.de)) for the handover of the material. With a few explanations and the appropriate passing on of experience, dead files could become living taster evening material.

We look forward to hearing from you and would like to thank RCI Rheinland-Westfalen once again for the initiative and the original materials.

Best regards

Jürgen Bedel (RCI RML Board) and  
Ulrike Rietz (RCI lecturer and RCI RML Training Committee)

## **11. Saturday seminars on TCI - still successful in the 10th year, RCI Dreyeckland**

Under the joint motto "The art of leading oneself and others" the RCI Dreyeckland Region organised Saturday Seminars in Freiburg and Karlsruhe over five weekends from December 2023 to June 2024. Each Saturday Seminar could be attended independently of the others, each with its own theme and different trainers:

- Understanding Myself and Others Better - The Personality Model of Transactional analysis (TA), led by *Irene Klein and Micha Bross*
- Understanding myself and others better - the driver model of transactional analysis (TA): What drives me unconsciously - how can I change my mind?  
*Leader: Irene Klein and Micha Bross*
- Leading effectively - the four factors of TCI as a compass for leading and teaching in groups and teams, led by: *Sibylle Ratsch and Daniel Ham*
- Motivate yourself and others! What for?  
*Leader: Elke Stenger and Julia Rüttgers*
- Staying in touch in conflict - with myself and others,  
*Leader: Andrea Friske and Bianca Keller*

A total of 66 interested people attended the 5 Saturday seminars, well over half of whom were not members of the association and had perhaps already heard of TCI in their training and studies, but had no other points of contact. Many used the seminars to familiarise themselves with TCI for the first time or again without having to attend a whole week of seminars. The participants wanted the format to be continued and so we are planning the next series of five seminars for 2025.

The success of the Saturday seminars is once again based on the good cooperation between the Board, which was responsible for the idea and organisation, and the teaching staff in the region, who worked together with graduates to organise the content of the Saturday seminars.

RCI Dreyeckland

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## **12. Call for papers TCI journal: Issue 2/2025**

### **Humanism and humanist concepts of humankind: Where do we stand, in TCI and elsewhere?**

With issue 02/2025, we are venturing into a theme that is closely linked to the essence of TCI and which some believe is currently in crisis. This theme is "humanism" and where it is situated between ideals and experienced reality: How is humanism faring as an image of humankind, in particular when it appears with prefixes, i.e. "trans"-humanism? What is the relationship between "humanist psychology" and academic psychology, which have always been skeptical of each other? How much "-ism" do we need to be human?

We are looking for contributions that explore the significance of humanism in the practice and theory of TCI and from there also take a look at society.

Please send submissions by **01.02.2025** to [agnes.christ-fiala@t-online.de](mailto:agnes.christ-fiala@t-online.de)

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### 13 Congratulations...

We would like to congratulate all members who have or had a birthday in June, July and August with this summer meadow,

We wish you good health and all the best! 🎁 🌿



Summer meadow. Photo credit: Manuel on Pixabay

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### 14. Calendar of events - 2024

#### **Training day in Berlin, RCI BDO**

on 14 September 2024. 10:30 am - 05:30 pm

#### **Open training counselling, online, Rhein Main Lahn**

25 September 2024, 07:00 – 09.00 pm

#### **Leading yourself and others - taster seminar in Nuremberg, RCI Franken + FEB Nuremberg**

01.10.2024 from 04:00 - 09:00 pm

#### **Virtual exchange meetings, RCI BDO**

15 October 2024, 06:00 to 08:00 pm, topic: Collapsology - a theory of collapse and new beginnings

14 November 2024, 06:00 to 08:00 pm, topic: Most people are different (Oscar Wilde)

12 December 2024, 06:00 to 08:00 pm, topic: Between fate and self-responsibility - we take a look at our horoscope for 2025 and make plans.

#### **Symposium on the topic of "Understanding" in Frankfurt am Main, RCI RML**

Sunday, 03.11.2024, 09:30 am - 05:15 pm

#### **TCI symposium: "How much ME can the WE bear" in Hamburg**

Saturday, 23 November 2024, from 09:30 am - 06:00 pm

#### **Conference of the professional group on Supervision in Neudietendorf**

Friday 29.11. - Sunday 01.12.2024

#### **Save the Date: ATW in Düsseldorf**

14 - 15 March 2025, RCI Rhineland/Westphalia

Further TCI events organised by the member associations can also be found on our Website: [TCI - Events - RCI International \(ruth-cohn-institute.org\)](https://www.ruth-cohn-institute.org)

**15. On our own behalf - The Berlin office will not be staffed on 20 September 2024**

For organisational reasons, the Berlin office will be closed on Friday, 20.09.2024. This means that no calls or emails can be answered on this day. Afterwards we will be there for you again as usual.

Thank you for your understanding!



*Sorry, we are closed today! Photo credit: Gerd Altmann on Pixabay*

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**16th Call For Papers & Publication Date RCI-NEWS 4/2024**

For the next issue of RCI-NEWS 4/2024 **on 13 December 2024**  
As always, we look forward to receiving submissions, especially about dates events and meetings in the member associations.

**The deadline** for submitting entries **is 29 November 2024 at the latest.**

Please note when sending in your entries:

- maximum 1,500 characters, including spaces, in Microsoft Word format
- Font Verdana 11
- in native language **and please write in English**
- Images only as jpg files

**RCI-NEWS 4/2024 will be published on 13 December 2024.**

We wish everyone a pleasant rest of the summer with lots of confidence. Stay healthy.

Best regards from Berlin  
Kathrin Giogoli and Jasmin Lütz