Information Sheet: self-assessment and presentation of one's individual development path with TCI

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This overview is meant to provide guidance on how to draw up self-assessments and present one's individual path of development with TCI.

The difference between self-assessment and development path

Self-assessments for recommendations and descriptions of one's individual path of development with TCI are addressed to different recipients:

- *Self-assessments for recommendations* are addressed to instructors.

- The *description of one's individual development path with TCI* is drawn up for the regional training committee.

Basic Training	Advanced Training	Recipient
Self-assessment for a recommendation	Self-assessment for both recommendations	instructors
My development path with TCI for the request for admission to the CWA *(not required by all regions)*	My development path with TCI for the request for admission to the DWS	Regional Training Committee

Self-Assessment

During TCI training, candidates are requested to draw up self-assessments for recommendations in several situations.

Self-assessments foster awareness of one's own person and actions: I reflect on and describe my abilities and my development based on my perception of myself as a chairperson and my skills as a leader of groups and organizations.

Self-assessments for all recommendations include statements about:

- myself as a person

- my expertise in TCI (strengths and potentials, weaknesses and limitations, my opportunities for development)

- my interaction and experience within groups and feedback from those groups

- my cooperation with my instructors

For Self-Assessment specific to Basic Training
- my experience with the application of TCI in a practical situation as described in my thesis

For Self-Assessment specific to Advanced Training
- the application project described in the thesis or with regard to experienced leading with TCI

- Instructors provide feedback with respect to self-assessment in their recommendations. This allows for a comparison of perception by oneself and others.

My Development Path with TCI

"My Development Path with TCI" is a retrospective of the candidate's entire training period. It describes the journey from the beginning of basic training up until its conclusion with the granting of the diploma. Furthermore it is a personal examination, at times critical, "of myself, with myself and with TCI". This exercise should result in a realistic image of oneself with respect to individual strengths and weaknesses of one's level of expertise. Examples from the candidate's area of professional activity enrich this description of his/her development path.

Describing one's own development path with TCI illustrates essential experiences with respect to:

- myself as a person and my development

- field of activity

- my personal curriculum developed during the CWS (advanced training)

- the development of my TCI expertise in relation to the aims of the training (→ training guidelines)

- my experience with institutions, including RCI training bodies

Some further ideas:

- My status quo at the beginning compared to now;

- important milestones and experiences;

- paths; deviations, stumbling blocks and cliffs;

- crucial experiences and breakthroughs;

- landmarks related to my person, my competence in relationships, my skills in methodic working;

- potential and limitations of TCI within my context of application;

- affiliation with and engagement in RCI.

Potential Questions

- Which aspects of TCI attracted me?

- How did my training change my personal outlook and my work?

- What is my experience with implementing TCI?

- My personal development within groups and how do I introduce myself?

- What is easy and what is difficult for me (e.g. when leading with TCI or as a participant)?

- What will I continue to work on?

- What is my understanding of TCI as an attitude and method?

- To what extent am I able to lead myself (chairpersonship)?

- How did I contribute to shaping my period training and to leading myself?

- What became important to me above all?

- What are my future perspectives?